BENGALURU, FRIDAY, JULY 14, 2023 www.Bangaloremirror.com 12 Pages PRICE ₹3

Bangalore Mirror

TEMP Max 28 | Min 20 | Humidity 89% Generally cloudy sky with one or two spells of rain Sensex 65,558 | Nifty 19,413 | Gold 60,000 | Silver 75,600 | Dollar 82.07 | Euro 91.81 | GBP 106.82

Together, we commute

CITY PAGE 2

Initiative to encourage public transport will look at issues such as travel patterns, access

Keep your word, maybe?

CITY PAGE 6

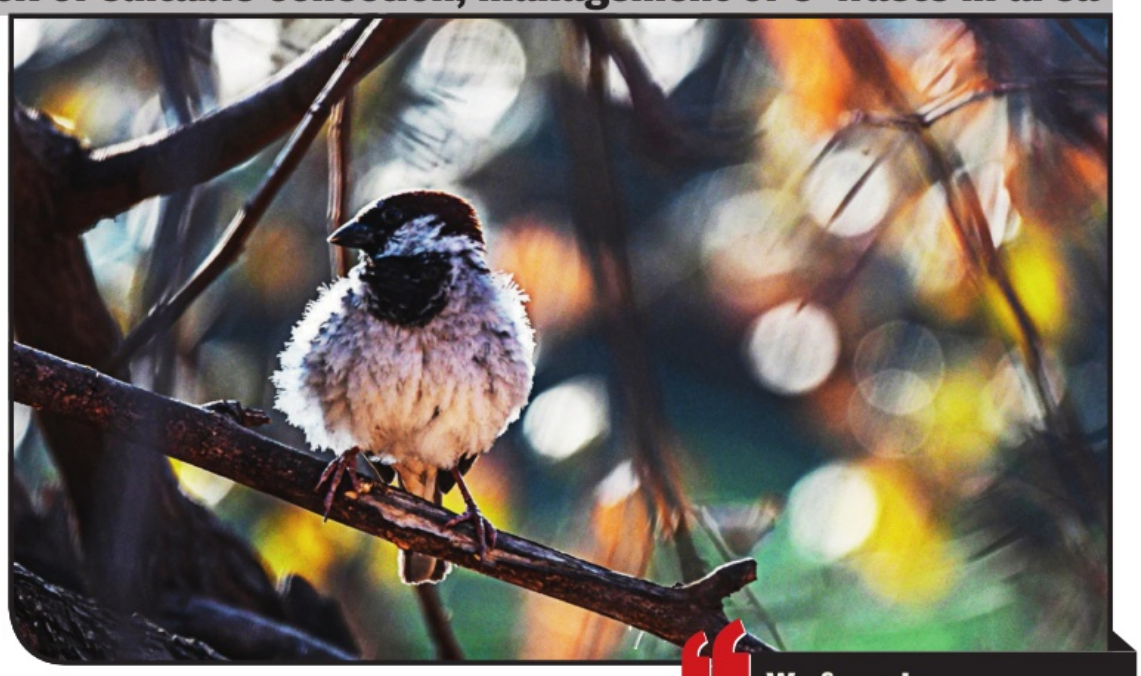
Govt had said Gruha Jyothi would commence from July 1, but bills prove otherwise

High concentration of lead, chromium, cadmium found in feathers of crows, sparrows sampled from near Bellandur Lake

FEATHER REPORT: HEAVY METALS IN THE AIR

Results point to lack of suitable collection, management of e-waste in area

Garima Prasher
garima.prasher@timesgroup.com
TWEETS @BangaloreMIRROR



A group of environmental researchers from Tamil Nadu have found astonishing levels of toxic heavy metals in the feathers of 18 house sparrows and house crows living around Bellandur Lake in the city.

According to the study conducted by researchers from Bishop Heber College in Tiruchirappalli, heavy metals such as chromium, lead, and cadmium were found in the feathers of all house crows and house sparrows that were sampled.

Feather samples were collected from nine house crows and nine sparrows roosting within a three-km radius of Bellandur Lake. On average, the concentrations of lead, chromium, and cadmium in house crows were found to be 24.4 µg/g, 49.56 µg/g, and 3.4 µg/g respectively.

The average concentrations of lead, chromium, and cadmium in house sparrows roosting beyond three-km radius of Bellandur Lake were 21.36 µg/g, 21.56 µg/g, and 2.66 µg/g respectively.

Experts say significant accumulation of toxic elements such as heavy metals threaten breeding of birds and also impacts migration patterns of migratory birds.

"We gathered feather samples from roosting sites between June 2020 and July 2021 and we have found that the heavy metal concentration in birds' feathers is much higher than the permissible limits. Even a slight concentration of these toxic elements can be harmful to the birds. Chromium concentration, for instance, impacts the reproductive health of birds," said Abhishek Kumar, co-author of the research paper recently published.

The study highlights the lack of suitable collection and management of e-waste in the

CONTINUED ON PAGE 4 »

> **We found a considerable amount of printed circuit boards and batteries disposed of in sampling sites. Electronic items are excellent sources of heavy metals such as cadmium and chromium**
> — Abhishek Kumar, co-author of research paper

GAME THEORY

Psychologists say parents' involvement can help kids stay away from gaming addiction

Iffath Fathima@timesgroup.com
TWEETS @BangaloreMIRROR

A 17-year-old boy, an only child from an affluent family, landed up at the hospital, with challenges related to excessive multiplayer online gaming and impulsivity. When psychologists looked at his case, it turned out that the boy has a natural tendency towards impulsivity, which was exacerbated by an authoritative parenting style. In an attempt to cope with his impulsive urges, he had resorted to using gaming as a means of expressing his impulsivity.

Many such cases are being reported, which outwardly looks like a gaming addiction, but psychologists say deep down they have to do with lack of parents' involvement, communication or lack of attention. Parents come in with concerns of impulsivity seen in their children, aggressive behaviour, irritability, children picking up frequent fights with the parents or at school, losing interest in other activities, disobeying parents and more.

Those children with conduct disorder, attention deficit

CONTINUED ON PAGE 6 »

2 THINGS TO DO

01 Crafty things

The Indian Haat Festival is an exciting event showcasing a wide range of arts, crafts, handlooms, and lifestyle products. Visitors can expect to see a diverse array of products from talented artisans and designers from across India. From intricate handcrafted jewelry to beautiful textiles and home decor, there will be something for everyone at the Indian Haat Festival.

When: July 14-23; from 10:30 am to 8:30 pm daily; Where: White Houzz Conventional Centre, HSR Layout

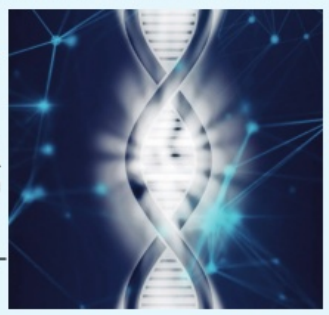
02 Musical evening

The Rare Gems 001 is curated from Cherry picked songs from all era of Indian Bollywood music. It will be a treat for the music lovers to watch the show performed by a team of very talented and professional musicians.

When:July 15; 7 pm to 10 pm; Where: Jagriti Theatre, Ramagondanahalli, Varthur Road, Whitefield · Bangalore

MedGenome's foray into genome sequencing test

MedGenome has acquired Illumina's NovaSeq X Plus and launched the Genome Sequencing Test KaryoSeq, which aims to detect genome abnormalities in prenatal and newborn conditions. The company aims to reduce the reagent cost of Human Whole Genome sequencing to $200 in the future. "The NovaSeq X Series, Illumina's sequencing system, has the capacity to generate over 20,000 whole genomes annually with shorter turnaround times. MedGenome's partnership with Illumina has allowed them to adopt the latest sequencing technology. KaryoSeq provides a faster and accurate solution for detecting small chromosomal abnormalities, offering advantages over traditional cytogenetic and molecular techniques. It is recommended for individuals with suspected or confirmed genetic disorders or an increased risk of chromosomal abnormalities, aiding in making informed decisions about inherited genetic conditions," said a release. — BMB



Get on board public transport, right now

2 organisations start initiative to encourage people to ditch private vehicles

Bangalore Mirror Bureau
mybangaloremirror
@timesgroup.com
TWEETS @BangaloreMIRROR

The World Resource Institute (WRI) along with the Bangalore Political Action Committee (B.PAC) have come up with an initiative to encourage citizens to move from private to public transport systems.

Under the initiative, commuter travel patterns and gaps in metro access in Whitefield, Mahadevapura, Electronic City, and ORR areas will be analysed and the results will be used to devise actionable solutions to encourage more citizens to use the public transport system.

According to experts from WRI, the initiative, christened 'The Personal2Public Bengaluru Commuter Survey' has been taken up keeping in mind the upcoming metro lines to some of the most congested parts of the city, such as Whitefield and Electronic City, became operational.

"Nearly 20 lakh people work in the IT/BT industry of Bengaluru and most of them are concentrated in Electronic City, Whitefield, and Outer Ring Road areas. Metro lines, for the first time, will be reaching these areas. While the Whitefield line is expected to become operational by August this year, December 2023 is also the deadline for the RV Road - Bommasandra line. Once these two lines are up and running, citizens will have the opportunity to use public transport to commute to other parts of the city.

Gaps in metro access in Whitefield, Mahadevapura, Electronic City, and ORR areas will be analysed and the results will be used to devise actionable solutions

For instance, while people from Rajarajeshwari Nagar, Kengeri, Kanakapura Road, JP Nagar, and Malleshwaram can go to Whitefield in the metro, those living in Whitefield or CBD area can go to Electronic City using public transport. This is a great opportunity for lakhs of people to shift from personal vehicles to public transport," said Srinivas Alavalli, fellow, integrated transport and road safety, WRI, India.

Experts also highlighted that with 900 buses being added to BMTC fleet and the metro reaching Whitefield and the Electronic City area, this year is a landmark year for Bengaluru's public transport.

> **"Nearly 20 lakh people work in the IT/BT industry and most of them are concentrated in Electronic City, Whitefield, and ORR areas** – Srinivas Alavalli, WRI

The survey, while open to all, will specifically solicit participation from commuters and residents in Whitefield, Mahadevapura, Electronic City, and ORR areas. The result will be mapped to available data and a team of experts from WRI and B.PAC will come up with actionable solutions both at city and station levels to key representatives from BMRCL, BMTC, BBMP and DULT.

"With the extension of the metro line, we urge commuters to shun their personal vehicles and adopt public transportation starting with at least two days a week," said Revathy Ashok, CEO, B.PAC.

What's NExt? Students still wonder

The National Exit Test (NExT), which was supposed to be held for the 2019 MBBS batch students who are currently in their final year, has been deferred. The NExT was supposed to replace the PG NEET exam starting from 2019. However, with opposition from the students across many states it now stands deferred. Many students were relieved with the National Medical Commissions (NMC) decision.

In the order, the NMC, Coordination and Vigilance division in a public notice said, "All the stakeholders are hereby informed that the National Exit Test (NExT), examination is deferred on the advice of the Ministry dated 11/7/2023 till further directions from the Ministry of Health and Family Welfare."

The students were protesting for NeXT to be cancelled as they do not have enough time to prepare for the exams and since it is a new format it was too short of a notice for them to prepare for the new format.

Bangalore mirror had reported on how many medical students in Karnataka were not happy with the NExt exams and wanted it to be cancelled. The exams were supposed to be held in May 2024, while the mock tests were to be conducted this month end. However, now with the new order, the students, though relieved, are still confused if the mock tests would be conducted.

Currently the NMC has just deferred the exam and have not yet cancelled it, leaving many students clueless.

A student from Government Medical College in Bengaluru said, "We are still unsure if the exams will be conducted or not for the 2019 batch. We are happy that the order gives us hope that the exam may not be conducted. However, we are still confused and are waiting for the final decision. The NMC should have given clear directions well in advance for the examination. Without having any idea about the new format, it is extremely difficult for the students to cope up as there are two steps in the NEXT examination."

> **Though NExT has been deferred for now, students seek more clarity on mock tests**

Another student said that many students have already paid for mock tests and are not sure now if the mock tests would be conducted.

Ajay Kamath, State Secretary of the AIDSO organisation said, "It is a victory to the students' movement who actively took part and didn't want this exam."

— BMB

‘It’s within our rights!’

BBMP board cautioning public not to feed pigeons invites backlash

Inset: The board put up by BBMP near the National College

Y Maheswara Reddy
c-y.reddy@timesgroup.com
TWEETS @BangaloreMIRROR

The Bruhat Bengaluru Mahanagara Palike (BBMP) South Zone has put up a banner and a board cautioning the public not to feed pigeons near the National College. Those violating the order would be penalised.

Animal activists said that it has become a habit for the BBMP authorities to follow directions given by politicians and influential people against stray dogs and birds. They opine that the BBMP authorities should take up the responsibility of feeding stray dogs, pigeons, and other birds instead of restricting those who want to feed pigeons.

BBMP Zonal Commissioner (South) Jayaram Raipura said that pigeons have become a health hazard for human beings. “People suffer from respiratory problems due to pigeons. I want the public not to feed pigeons,” he said.

However, animal activists are not ready to agree with him.

“Feeding birds and animals is legal in the country, and feeding pigeons is permitted by the court. The BBMP cannot install boards to state that feeding birds and animals is illegal. Putting up such boards and banners is against the Animal Welfare Board of India (AWBI) Guidelines and Article 51a(g) of the Indian Constitution,” said Arun Prasad, an animal activist.

> **“Feeding birds and animals is legal in the country, and feeding pigeons is permitted by the court**
>
> – Arun Prasad, animal activist

Pramila Chowdaiah, a chartered accountant and an animal lover, said that residents and authorities should follow the policy of ‘live and let live’ for the benefit of stray animals. “Pigeons can feed themselves in rural areas as there are many fruit-bearing trees and crops. What is in Bengaluru for the welfare of pigeons? I am not sure on what basis the BBMP authorities banned feeding them. Feeding in residential areas may cause some inconvenience to the residents. I don’t think that feeding in vacant spaces will cause any problems,” she said.

Expressing concern over the ban on feeding pigeons, Rashmi D’Souza, former member of Karnataka Animal Welfare Board, said that pigeons pose no health hazard to residents. “I want the BBMP authorities to take measures to stop the pigeon race, which has become dangerous for children. There is nothing wrong with people feeding pigeons in vacant spaces,” she said.

She said that pigeons have coexisted with a community at JP Nagar for more than 20 years, and none of the residents fell ill due to their existence in the apartment complex. “Let the BBMP authorities plant more saplings to ensure greenery and oxygen in the city. What about polluting vehicles, eateries, and hotels in the city? Are they not a health hazard for the residents?” she asked.

Nevina Kamath, Secretary, Action for Animal Justice, said such species are dependent on humans for a major part of their food and sustenance. “Providing drinking water for all life forms is also an absolute necessity, and the Civic Bodies in tandem with the District SPCAs must ensure provision of water bowls and their maintenance in their jurisdictions in every village, town, and city. The government departments need to be especially vigilant not to be on the wrong side of the law,” said Kamath.

Cat & mouse game doesn’t help

Shops store their goods on a footpath in Kudlu

Bengaluru Traffic Police (BTP) recently launched a special drive to salvage Bengaluru’s footpaths from illegal encroachments. According to them, all 48 traffic police stations are focusing on one footpath in their area every day and clearing it of illegally parked vehicles, debris, and any other form of encroachments.

Over the last four days, traffic police officials have taken up the initiative in some areas and tried to make pedestrian paths available to the public.

However, residents from some of these localities say, the encroachments were back as soon as the officials left the site.

“Traffic police officials conducted the exercise on Kudlu Main Road on Tuesday. The footpath in the area is completely encroached upon by shopkeepers. Either they park their vehicles in front of their shops on the pedestrian walkway or they stack their goods on the footpath. While the police got these encroachments removed on Monday, it was all back to square one on Wednesday,” said a resident of the area.

A resident of the Electronic City area highlighted a similar issue.

“The footpath in our locality is encroached by vegetable vendors and vehicle repair shops. They keep all the under-repair vehicles and tyre piles on the footpath. The police exercise was taken up on Sunday and the footpath was clean for an hour or so. However, it was all back on the same day. There is no place for pedestrians to walk. We have been raising the issue for months now,” said the resident.

According to the citizen, while BTP has taken up the initiative, it is the Bruhat Bengaluru Mahanagara Palike (BBMP) that should swing into action and free pedestrian walkways across the city.

“The Karnataka High Court on many occasions in the past has clarified that BBMP should clear all kinds of encroachments from footpaths in the city. Moreover, if BTP has taken up the initiative, they must keep at it. One-time eviction and clearing will not serve the purpose. They should re-visit the spots frequently and take stock of the situation,” said a city-based activist.

Some also highlight the issue of abandoned and beat-up vehicles adorning pedestrian ways in many spots across the city.

“Rusted and old vehicles outside police stations gathering dust is a common sight on city’s walkways. If police are truly serious about this exercise, they should first shift away all the vehicles they have themselves placed around the police station campuses (both L&O and Traffic) on roads and footpaths, for months and years together,” said Rajkumar Dugar, the founder of C4C, a citizen group. —BMB

Cops arrest 2 for extortion

Byatarayanapura police seized Rs 3,40,000 in cash and a two-wheeler from two people accused of extortion.

The accused pretended to be policemen, and on the pretext of checking the vehicle, extorted money from the victim who owned the two-wheeler.

Police opened an investigation and found out the same. This led to their subsequent arrest. —BMB

Double murder case: 4th arrest

Karnataka Police have arrested the owner of Zee-Net company in connection with the double murder case in which the Managing Director (MD) and Chief Executive Officer (CEO) were killed in the office premises, police said on Thursday.

Phanindra Subramanya, the Managing Director, and Vinu Kumar, the CEO of the Aeronics Media Private Company, were hacked to death in their office in the Amrutalli locality in broad daylight on Tuesday. The accused arrested on Thursday was identified as Arun Kumar. With this arrest the total number of nabbed accused has risen to four.

Earlier, the police had arrested three persons -- J Felix, Vinay Reddy, and Shivu. The accused were nabbed near Kunigal town in Tumakuru district.

They had told police that Subramanya always humiliated Felix and sacked him from the job. Felix nursed a grudge against him and decided to kill Subramanya. The two other accused joined hands with Felix even as they did not have any connection with him.

—IANS

INDIA'S BIGGEST & BEST LIFESTYLE - FURNITURE - HANDICARFT & HANDLOOM EXPO
Best of India
LIFESTYLE - FURNITURE - HANDICRAFT AND HANDLOOM EXPO
14th July to 27th Aug 2023
Timing : 10:30 am to 9:00 pm
Opens Today
HMT GROUND
Near Jalahalli Police Station
Opp to Kadamba Gardenia
Bengaluru - 560013
Covid19 Safety & Precautions are in place, as per Govt standards.
FOCUS ON
Khadi Kurties | Kashmiri Sarees | Silks Sarees | Designer Kurties | Jewellery | Bandhani Bedsheets
Mattresses & Cushions | Home Decors | Handmade Paintings | Turkish Lights | Sofa
Sofa Cumbed | Shoe Rack | Lampshades | Carpets | Mats | Rugs | Ceramic Pots | & Much More..
Xpoz India
ALL UPI, DIGITAL PAYMENTS, CREDIT & DEBIT CARDS ACCEPTED
Contact for more details: 82965 46114 / 98450 10246
ENTRY FREE

Maintenance not on track

KAUSHIK JN

Slabs had come off from the cycle track in Cubbon Park; right: On Thursday morning, officials got into action and quickly did a patch-up job to fix the path

Citizens say civic bodies need to be more prompt with maintaining cycle tracks after damage in Cubbon Park

| Y Maheswara Reddy
c-y.reddy@timesgroup.com
TWEETS @BangaloreMIRROR

The cycle track on Cubbon Road, constructed and inaugurated with much fanfare four years ago, was recently under the spotlight for wrong reasons. The track, which was built along with the footpath at an estimated cost of Rs 3.50 crore, had been in a dilapidated condition and was unfit for cycling.

One can find the 700-metre-long cycle track between Minsk Square and Manipal Centre on Cubbon Road. The track, which has now been repaired, had caved in at a few locations.

Expressing disgust and shock over the poor maintenance of the cycle track, Bicycle Mayor of Bengaluru, Sathya Sankaran, said the concerned authorities were not taking the maintenance of cycle tracks in the city seriously. "I am unhappy with the maintenance of cycle tracks in the city. The cycle track on Cubbon Road was damaged, but the authorities had not taken measures to fix the problem for a long time. The BBMP authorities should include a maintenance clause in the contract assigned to construct the cycle track," he said.

Pedestrians and cyclists have expressed concern over inadequate maintenance of the cycle track. "The BBMP authorities have wasted taxpayers' money constructing the cycle track. There was no demand for the track. It's not that I am against the track, but I expect the BBMP authorities to maintain it properly. It is their responsibility to maintain it after spending a significant amount of taxpayers' money," said Murugesh P, a pedestrian.

"BBMP authorities have become negligent in their duties. They implement projects worth crores of rupees but forget about maintenance
– Venkatesh M, pedestrian

Venkatesh M, another pedestrian, strongly criticised the poor maintenance, stating, "It was disgusting to see the damaged portion of the cycle track. The BBMP authorities have become negligent in their duties.

They implement projects worth crores of rupees but forget about the need for maintenance after completing them. I believe they should be punished for not maintaining the cycle track."

Meanwhile, BBMP executive engineer (road infrastructure), Priyadarshini, claimed she was unaware of the damage to the cycle track. She later sent her subordinates to the spot.

It should be noted that the BBMP completed a 700-meter long cycle track between Manipal Centre and Minsk Square in February 2019. The work began in May 2018.

Industrial discharge also to blame: Expert

CONTINUED FROM PAGE 1

area, leading to high accumulation of heavy metals in the food chain. Researchers found that the concentration of heavy metals in birds' feathers increases with the addition of informal disposal of parts of the printed circuit board and disposal of broken pieces of keypads and mobile phones.

"There are quite a few human habitations and hospitals around the waterbody and random surveys show that a lot of discarded electronic devices, mainly smartphones, with no access to proper collection and management of e-waste, might have led to the accumulation of the heavy metals. We found a considerable amount of printed circuit boards and batteries disposed of in sampling sites. Electronic items are excellent sources of heavy metals such as cadmium and chromium," added Kumar.

According to Dr TV Rama-chandra, Center for Ecological Sciences, Indian Institute of Science (IISc), apart from open dumping of e-waste, industries discharging liquid effluent into the system is the major reason behind the presence of heavy metals in animals and birds, entering the food chain.

"Industries have no waste discharge policy. However, many are not following the rules and effluents are also ending into stormwater drains leading to the contamination of water bodies. The lake water as well as groundwater is being used for irrigation purposes and as per our study conducted a couple of years ago, high concentration of heavy metal was also found in fish, milk, and vegetables grown in the area," said Dr Ramachandra.

What water act?

Environmentalists say while the country's Water Act has stringent rules in place to penalise polluters, the regulatory agency, which is Karnataka State Pollution Control Board (KSPCB), has been inefficient so far. "KSPCB has been incompetent in managing water pollution and health of waterbodies in Bengaluru. If treated at source, the cost of managing such toxic pollutants is much lesser. The implications of not treating industrial effluents at source are too high.

However, the regulatory agency is not delivering its duties in spirit. While desilting will take care of legacy heavy metal, fresh contamination should be arrested," said a city-based ecologist.

whatsapp MIRROR
9591233247

Problems in your area?
Send us a picture along with specific details. And please, no phone calls or spamming

Rainy road
City Market

The City Market road becomes pothole-filled, slushy, and dirty during the rains, posing challenges for commuters.

Get to gutter
Vasanth Nagar

Despite reporting the need for welding on the Vasanth Nagar rain gutter grating to BBMP in April, the issue remains unresolved.

Accident magnet
Kaggadasapura

Kaggadasapura Main Road in CV Raman Nagar is a disaster waiting to happen. Urgent measures are needed to prevent a potential mishap.

Father accused of sexual abuse: HC finds gaps in the chargesheet

The High Court of Karnataka has ordered further investigation in a case where the husband has been accused by his wife of sexually abusing their four-year-old daughter.

The High Court found as many as nine lacunas in the charge sheet filed by the investigating officer. It directed the Commissioner of Police to appoint a new Investigating Officer (IO) in the case who shall complete the further investigation within 10 weeks. The wife had filed a complaint against her husband in August 2022 making "certain grave allegations." She had alleged that her husband was sexually perverted and watched pornography involving children. He allegedly took naked photos of himself with their four-year-old daughter and touched her inappropriately. He demanded sex with the wife in the presence of the child. The husband allegedly loaded child pornography in the child's iPad and compelled her to watch them. After her complaint, the husband was booked under sections of the Protection of Children from Sexual Offences Act (POCSO). A charge sheet was filed before the Sessions Court in October 2022 by the police after probe.

The wife filed an application seeking further investigation as she found that several issues were not investigated. Her application was rejected, forcing her to approach the High Court. In his recent judgment, Justice M Nagaprasanna allowed the petition and directed the police to conduct investigation. The HC said, "On a perusal of the charge sheet and the documents appended to the charge sheet, all the aforesaid lacunae, prima facie are correct," the Court said. -PTI

Kühl
Stylish Fans
Smart & Stylish Fans For Modern Homes
Saves* 65% Electricity, 5 Star Rated With BLDC Technology
Very Low Noise, 3 - 8 Blades
Operates on: Remote, Phones, Voice
1st Choice of Interior Designers
Available at all leading stores, Amazon & Flipkart
For Demo Call: 9582-123456 | www.kuhl.in
5-STAR Ratings
*Power Saving Fans as per BEE 5 Star Certificates

Shocking: 718 foreigners illegally staying in city

Visas expired, but foreigners stay on; dedicated police team been assigned to identify and deport them to their respective countries

Sridhar.Vivan
@timesgroup.com
TWEETS @sridharvMIRROR

PIC FOR REPRESENTATION ONLY

Bengaluru is an education hub for many across the world

There are 718 foreigners illegally staying in Bengaluru, can you believe this? According to the latest data, 754 foreigners are currently staying in Karnataka "illegally" despite the expiration of their visas. This figure is quite alarming, indicating a concerning trend of visa overstays within the region. This is alarming for the police department as they now have a new task in hand. Special teams have been formed to track down these foreigners and hold them accountable. However, past experiences suggest that this may not be an easy undertaking. However, the concentration of overstaying foreigners in Bengaluru highlights the need for increased vigilance and enforcement measures in order to address this issue effectively.

During a reply in the Legislative Council on Thursday, Home Minister G Parameshwara said, "According to the latest data, Karnataka has 8,862 foreigners legally residing within its borders. Among them, the majority, accounting for 63.82 pc are found in Bengaluru, making it the city with the highest number of legal foreign residents. Mysuru follows with 806 individuals, representing 9.10 of the total.

Ramanagar has 484 residents, constituting 5.47 pc of the legally staying foreigners, Udupi has 365 foreigners while Karwar and Belagavi have 354 and 312 foreigners respectively. On the other hand, there are 754 foreigners staying in the state "illegally." The majority of these individuals, 95.24 per cent have chosen to overstay their visas in Bengaluru (718). Mysuru has 13 overstaying foreigners, Hubballi-Dharwad has 20 while Mangaluru and Kalaburagi have two and one individual respectively." Sources said that the statistics shed light on the concentration of both legally residing foreigners and those overstaying their visas in Bengaluru, indicating the need for focused efforts to address the situation in the city.

On the overstaying of foreigners, Parameshwara said that as of the end of May 2023, the visas of 754 foreigners had expired. This data was obtained from Bengaluru's Foreigners Regional Registration Offices (FRRO). He said "Presently, the police are actively searching for these overstaying foreigners, and the respective police stations have been alerted to trace them. A dedicated team has also been assigned for this purpose. Once these illegally staying foreigners are identified, measures will be taken to deport them to their respective countries through the Ministry of External Affairs. Until the overstaying foreigners are granted an exit permit, those who are apprehended will be placed in a detention centre." Parameshwara also said that there was a growing occurrence of foreign nationals engaging in illegal activities, such as drug supply and sales or involvement in criminal offences. So far, 501 cases have been registered against foreign nationals, with the majority of cases (541) being in Bengaluru City and 16 in Bengaluru Urban District.

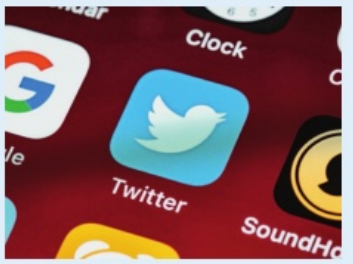
The Foreigners' Detention Centre, situated near Nelamangala on the outskirts of the city, serves as a lodging facility for illegal immigrants. With city police discovering that foreign nationals who were arrested on various charges under the Foreigners' Act, NDPS Act, and other laws were engaging in criminal activities while on bail, they made the decision to implement special measures to identify these foreign nationals and present them before the FRRO. Once the overstaying individuals are verified, they will be transferred to the detention centre for deportation. Initially, the facility was a hostel for reserved candidates, but it underwent renovations in October 2019 and officially became operational in October 2020.

The state especially Bengaluru continues to attract young individuals from across the globe for education. Overall, 4,890 foreign students are currently studying in the state under student visas. Out of these students, 2,356 are in Bengaluru, 599 in Mysuru, 159 in Mangaluru, 377 in Ramanagar, and 297 in Belagavi.

Twitter account flags series of robberies at society

A Twitter account, citizens movement, East Bengaluru, shared on social media that several robberies took place at Metropolis Fair Oaks, Sarjapur, in the last 2-3 days. The Twitter user claimed that five armed people entered the society illegally.

It said that residents tried contacting the police, but it was of no use. "Similar robberies took place in Pioneer Lake District, Gattahalli, Off Sarjapur Road in the second week of May, just after the formation of a new govt. However, no residents came in public to share their testimonials due to fear of the police. What is happening in Bengaluru?," tweeted the Citizens Movement.



The Bengaluru city police official replied to the tweet enquiring about the exact location and asked the victims to file a complaint at Sarjapura police station.

National Education Society (R.)
J N N COLLEGE OF ENGINEERING, SHIVAMOGGA
(Approved by AICTE, New Delhi, Certified by UGC 2f & 12B, Recognized by Govt. of Karnataka and Affiliated to VTU, Belagavi
Accredited by NAAC - B and NBA accredited programs: Civil, Mechanical, ECE, EEE, CSE, ISE & ETE
The future of excellence begins here...
43 YEARS
CET Code E065
COMEDK Code E059
ADMISSIONS OPEN FOR 2023-24
Engineering Programmes Offered
CIVIL | MECHANICAL | ELECTRICAL & ELECTRONICS
ELECTRONICS & COMMUNICATION | ELECTRONICS & TELECOMMUNICATION
COMPUTER SCIENCE | INFORMATION SCIENCE
ARTIFICIAL INTELLIGENCE & MACHINE LEARNING
ROBOTICS & ARTIFICIAL INTELLIGENCE
COMPUTER SCIENCE & ENGINEERING (DATA SCIENCE) New
PG PROGRAMMES
• COMPUTER SCIENCE & ENGINEERING (M.Tech.)
• TRANSPORT ENGINEERING & MANAGEMENT (M.Tech.)
• MASTER OF BUSINESS ADMINISTRATION (MBA)
• MASTER OF COMPUTER APPLICATIONS (MCA)
Please Scan QR Code for Management Quota Registration
http://jnnce.ac.in/admission/regr.html
Contact for Admissions
BE/M.Tech: 9632471667 9900837182 9448255843
MBA :9886748944 MCA : 9901041890
Mr. S. N. Nagaraja
Secretary, NES
Dr. Manjunatha P.
Principal, JNNCE

Bills don't lie

State govt has been creating much hype around Gruha Jyothi commencing on July 1, exempting registered consumers from paying power bills. There is one problem...

Sridhar.Vivan
@timesgroup.com
TWEETS @sridharvMIRROR

Since its inception, the state government has consistently claimed that Gruha Jyothi would effectively commence on July 1, exempting registered consumers from paying their power bills for the period starting July 1. However, this claim does not align with reality as consumers are still required to pay their power bills for the first two weeks of July, if not more, in accordance with their billing cycle.

S Subramanyam, a retired employee, expressed his surprise, saying, "We received our power bill on Thursday and were taken aback to discover that the charges for units consumed until July 13 were included in the bill. This contradicts the government's commitment to providing free power from July 1 onwards." Padma S, a homemaker, added, "The bill indicates that it covers the period from June 13 to July 13. If the government claims that power is free from July 1, then consumers should only be responsible for paying the power bill until June 30 for the units consumed up until that date. However, we are now shocked to see the power bills reflecting charges beyond July 1." Another consumer remarked, "Typically, we receive our power bill on the 13th of each month. However, in June, we received it on the 20th. This implies that the current power bill should have been calculated from June 20 to June 30, but the bill itself states that it covers the period from June 13 till July 13. This confusion needs to be addressed by the officials."

Energy Minister KJ George revealed that many consumers had yet to register for Gruha Jyothi

> **We are now shocked to see the power bills reflecting charges beyond July 1. This confusion needs to be addressed by the officials**
>
> – S Subramanyam, retired employee

When asked, a BESCOM personnel said, "We have been instructed to record the bill based on the monthly billing cycle, which varies across different areas. Some areas receive their power bills on the 5th of every month, while others receive them on the 20th. Therefore, we have been directed to issue bills for this month as per the specific cycle. If the consumption remains within the limits of the monthly average power bill plus 10 per cent, a zero bill will be provided in the next billing cycle, which falls in August."

Energy Minister KJ George revealed that many consumers had yet to register for Gruha Jyothi. Consequently, the energy department is planning a special drive where people can visit designated counters and take advantage of the facility. George also announced that consumers would be given until July 25 to register and enjoy free power for the month of July. Alternatively, for those who register after July 25 but before August 25, free billing will be applicable in the subsequent month.

Meanwhile, officials are once again warning consumers to avoid falling for fake apps when registering for Gruha Jyothi.

"We have clearly communicated to them that we have not released any app for Gruha Jyothi. Individuals must log in to the Seva Sindhu web browser using the provided link.

During every press release regarding Gruha Jyothi registrations, we have been cautioning people about the existence of fake apps and advising them to exercise caution," an official said.

School time, traffic time in Malleshpalya

Rachana Ramesh
mybangaloremirror
@timesgroup.com
TWEETS @BangaloreMirror

Residents of Malleshpalya have complained about severe traffic congestion during school commencement hours in the area. They have urged the traffic police to designate a cop to maintain smooth flow of traffic from 7:30 to 8:30 in the morning.

Mithun M, a resident of the area, said that there are four schools in the vicinity whose commencement timings are within the same hour, leading to severe traffic issues. "The roads are very narrow, so it is natural for the traffic to increase during this hour as school buses move in and out of campus, along with parents who drop off their kids to school," he said. Mithun added that if the traffic police designated a cop for the area, smooth movement of vehicles could be ensured without any mishaps taking place.

School commencement hours bring about severe congestion

Last year, the Bengaluru Traffic Police (BTP) announced that they would provide a 'safe passageway' for parents to drop their children off at school campuses. Entry and exit points away from main roads would be manned by traffic police to ensure that other private vehicles do not disrupt traffic. The department also announced the prohibition of school bus movement after 8:30 am to avoid conflicts with the 9 am office-going crowd.

Mithun noted that parents already follow this practice even without traffic police oversight, but it has not resulted in any ease in the area. "The police can mandate 'no parking' in the vicinity during this particular hour. This way, there will be more room for vehicles to move around as a lot of the space is taken up by parked vehicles," he suggested.

> **Police can mandate 'no parking' in the vicinity during this particular hour. This way, there will be more room for vehicles to move around**
>
> – Mithun M, resident of the area

Another resident from the area said that the BTP must ensure strict implementation of the safe passageway. "Entry and exit points must be notified, and cops must be stationed at these spots. While the majority of parents may follow the rules, there are those who flout them, causing congestion. It will also be easier to divert or control other private vehicles in the area," he said.

Why world of gaming can ensnare kids

CONTINUED FROM PAGE 1

hyperactivity disorder (ADHD) and other behavioural disorders are said to have impulsive behaviour. While their interest goes towards online gaming, they become more impulsive and tend to repel others.

Now this according to the experts is more likely because of the lack of acknowledgement, communication and involvement of parents in children's life. Many working parents leave their children behind with a phone. Even post work hours, they are found to be engaged within themselves and do not give attention to the children. This is driving many children to gaming and they start to feel good as they get the required attention from internet gaming.

Dr Manoj Kumar Sharma, SHUT clinic (Service for Healthy Use of Technology), NIMHANS, told BM that parents tend to think that it is the gaming that is causing impulsivity among children. "Children tend to play for long hours and when parents try to stop them, they tend to get irritated and angry. After having an argument with their parents, they do not even feel guilty. Some even assault their parents. The parents concerned with such repetitive behaviour of children come in with such cases. Upon examining and getting to know the child's history, we come to know that it is due to the lack of attention given at home to the child and that the home environment is not acknowledging them much," he said. According to him, this acknowledgement they are getting during gaming where online players appreciate them, converse or chat with them on a regular basis is more interesting for the children and keeps them hooked.

Dr CR Satish Kumar, consultant clinical psychologist in Manipal Hospitals, said, "Children who are not able to perform well in academics see themselves that they are doing well in gaming, where they are getting online rewards for completing levels. Those who get pressurised and are frequently shouted at by parents to do well in academics, have low self esteem. In gaming, if they are appreciated, they start getting addicted. Some children who have poor interpersonal relations, tend to do better in the virtual world and get hooked to gaming. "

When parents see children showing such symptoms or behaviour problems, they need to understand and give children more time and build a good rapport with them, suggested the psychologists. "Parents need to spend more quality time with their children by eating, playing and taking them out. They need to build a good bond. There should also be no-screen time with the family, where each individual in the family is away from the phone during the evenings when everyone is together. This apart, children should be put in outdoor games or other activities that will keep them occupied," said Dr Satish Kumar.

Strategies like problem solving, mindfulness and breathing activity, anger management strategies are taught to children with such issues.

HEALTH TIP: Instead of strictly enforcing screen time limits, encourage your child to engage in creative and productive activities

Teach your child the importance of regular brushing and flossing to maintain good oral health

CAT CODE

Is your cat sending you a message?

As cat researchers, one of the most common complaints we hear is:

My cat is a jerk! Whenever I do something he doesn't like, he pees on my bed or the rug.

Often this complaint is based on an assumption the cat is seeking revenge or trying to send a message, The Godfather-style.

Unfortunately, rhetoric has developed that cats are manipulative, vengeful, uncaring or even psychotic. This rhetoric means when cats do something we don't like, it's easy to reach for the idea they did it deliberately to hurt or annoy us.

But cats don't behave the way humans do and their motives are not the same.

They aren't trying to irritate or punish us. So let's forget the human rhetoric and delve into five reasons your cat might be peeing on your rug, bed or clothes.

It could be a medical issue

First, ask yourself: are they sick?

Many illnesses or injuries – including urinary tract infections, cystitis, diabetes and chronic pain – can cause a cat to have unusual urination behaviour.

Feline idiopathic cystitis occurs in approximately 2-4 per cent of cats worldwide. The exact causes are not known, although having an anxious or stressed cat increases the risk.

It's often difficult to tell when a cat is sick. They are incredibly adept at hiding pain.

One clue is cats experiencing discomfort will want to pee somewhere they feel comfortable, often a place they associate with safety – such as your bed, your clothes or the rug.

One reason they may feel comfortable there is because it smells like you, someone they associate with positive feelings.

So if your cat pees somewhere odd, your first instinct should be to wonder if it's time to contact your vet.

It could be short-term stress

Has something changed in your household lately? Are you renovating? Are there loud noises? Did a new cat move in next door? Did your friend bring their dog to visit?

Situations like these could lead to your cat feeling stressed and peeing in an unexpected place.

Log the days your cat pees somewhere unusual and see if a pattern emerges.

If it correlates with something in particular – such as a friend visiting with their dog – try to adapt the house set-up to make your cat more comfortable.

For instance, keep the dog outside or put your cat in your room with their food, water and a litter tray.

Think about how to make your cat more comfortable (or remove the stressor itself).

It could be chronic stress

Unlike a short-term stressor, chronic stress is an ongoing issue that can't simply be stopped or removed.

This could be an ongoing stress from living in a multi-cat household or with a dog, or it could be from a condition such as anxiety.

While chronic stress can be trickier to handle, it's important to identify it and seek help.

Ongoing stress can lead to serious health issues such as cystitis, which can cause a urinary blockage and be life threatening. If your cat visits the litter tray and is straining without any result, this is an emergency. They need to see a vet as soon as possible.

Keep a short daily log and try to identify areas that may be causing ongoing stress for your cat.

Adjust the environment to limit these stressors and if needed, seek a veterinary behaviourist's advice about treating potential anxiety in your cat.

And if you are very stressed, this might make your cat feel stressed. Sometimes you both need to take a deep breath!

It could be the litter

Your cat's "accidents" may be as simple as them not liking the substrate, tray or positioning of the litter they are given.

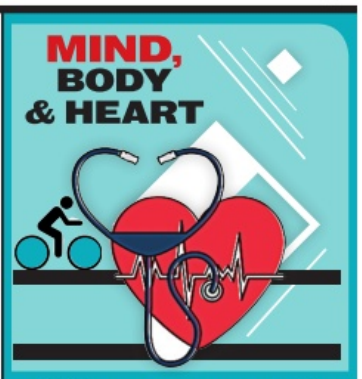
Cats want to feel comfortable and safe when they use the toilet. So they may not want to use it if:

- the substrate you're using hurts their paws or is too deep and makes them slide around
- the tray is too small or too covered, or
- the litter is positioned somewhere that is disturbed easily.
- Each cat is an individual; what works for one may not work for another. That said, here are some general rules for providing a pleasant litter experience for your cat:
- provide one litter tray per cat plus an extra one for the household
- litter depth should be enough to cover the bottom of the tray well but not so much that the cat's weight makes them slip down into it
- go for unscented litter (cats are very sensitive to smells)
- place the tray in an area that has privacy and is away from any potential stressors such as children, dogs or loud noises
- if possible, place the trays around the house in appropriate areas so your cat always has easy access when needed
- scoop regularly and keep the tray clean.

It could because your cat is a jerk

Just kidding. This is never the reason.

—By Susan Hazel and Julia Henning, University of Adelaide (The Conversation)



All you need to know about...

Social isolation impact

Loss of brain volume
Having little social contact with others is associated with loss of overall brain volume in older people, compared to having more frequent social interactions, according to a study.

Maintain connections
The research, published on Wednesday in the journal Neurology, does not prove that social isolation causes brain shrinkage, but only shows an association. "Social isolation is a growing problem for older adults," said study author Toshiharu Ninomiya, of Kyushu University in Fukuoka, Japan.
"These results suggest that providing support for people to help them start and maintain their connections to others may be beneficial for preventing brain atrophy and the development of dementia," Ninomiya said in a statement.

White matter lesions
The socially isolated people also had more small areas of damage in the brain, called white matter lesions, than the people with frequent social contact.
The researchers found that symptoms of depression partly explained the relationship between social isolation and brain volumes. However, symptoms of depression accounted for only 15 per cent to 29 per cent of the association.

Scope of the study and its implications
"While this study is a snapshot in time and does not determine that social isolation causes brain atrophy, some studies have shown that exposing older people to socially stimulating groups stopped or even reversed declines in brain volume and improved thinking and memory skills," Ninomiya said.
"...it's possible that interventions to improve people's social isolation could prevent brain volume loss and the dementia that often follows," the scientist said.

—PTI

MIRRORLIGHTS

Can drops replace eye injections for retina disease?

Eye drops could be a more effective -- and comfortable -- therapy for a common eye disease currently treated with injections into the eye, suggests a study.

Retinal vein occlusion (RVO), an eye disease that affects up to 2 per cent of people over age 40, occurs when a vein in the eye's retina becomes blocked, leading to swelling in the eye, inflammation, damage to the retina, and vision loss.

Standard therapy involves injecting into the eye a vascular endothelial growth factor inhibitor (anti-VEGF) that reduces swelling. The therapy can improve vision but patients with significant retinal damage due to impaired blood flow often have poor outcomes.

The study found that an experimental eye drop treatment was twice as effective as the standard injection therapy at reducing swelling and improving blood flow within the retina of mice with RVO.

"Anti-VEGF therapy has helped a lot of people with RVO, but the fear factor -- having to get a needle in the eye -- causes many people to delay treatment, which can lead to retinal damage," said Carol M Troy, Professor of pathology and cell biology and of neurology at Columbia University Vagelos College of Physicians and Surgeons.

"There's an opportunity to help more people with this disease that is a leading cause of blindness worldwide."

—IANS

jobs

SITUATION VACANT

ACADEMIC

TEACHER

WANTED Teachers with MA B.Ed.,(Eng/SS) BP.Ed / MP Ed (Lady Teacher) Salary upto 28000 Cntct Sidhartha International School, Peenya, Dasarahalli:- 9620100046 / 9964670328

MARKETING, ADVERTISING & SALES

MARKETING

URGENT Req- Marketing Executives (Exp in Building mtls) & Chicken Cutting Boys Two wheeler is must shanenterprises25@gmail.com 7349237786 / 7349247786

SALES

WANTED, Exp Center Head, Tele caller, Cr Counselor for Reputed Distance & Online Edu Center @ BSK 6th Stg, Near Talaghattapura Metro, whatsapp 9353730769

OTHER VACANCIES

GENERAL

JOBS FOR WOMEN (Relianc Malleswaram) Age above 30 Years (Degree) Fixed Salary from 18000/- to 23000/-. Contact :- 90356 29450

MULTIPLE VACANCIES

WE-ARE-HIRING
1. Civil Engg. (Male/Female)
2. Quality Check (Female)
3. Quantity Surveyor (Female)
Note: Experience: 5 & Above, Age limit below 40 Years. Contact: SLN Infra - 8970111109. EMail-id: hr@slninfra.co.in Dodda Banaswadi, Bangalore.

RETIRED PERSONS

JOB OPPORTUNITY for Retd Govt/Pvt., Bankers, Defense, Teachers, Finance, Freelancers for Managerial Jobs. Salary+ PF+ Incntv. Contact: 8105892349

RETIRED/ VRS Persons And Age above 45 Years Earn 2nd Income 35K to 40K PM in their life here no Retirement. Call: 9886641282/ 7019215243

WORK FROM HOME

EARN 50000pm with zero investment free training from Top Co. for VRS/Rtd official/ Bankers/Tax Consultants CA/House wives Ct- 9945047385, 7349641948

JOB WANTED

Earning Opportunity for SENIOR CITIZENS & HOME MAKERS. Regular INCOME 50K to 1 Lac Per Month. Presentation on 15 & 22-Jul-23 (Sat) 10.30am at HOTEL Pai Vihar Corporation Circle, OTC Road Contact: 9241721273

TO BOOK YOUR TIMES INTERACT ADS
Stay safe. Stay home.
Call/mail us for contact-less ad booking. To book your Times Interact ads
Call 080-23338111
All digital payment solutions available

real estate

BUNGALOW & VILLA

VILLA Room For Sale part of 5 star Resort in chikmagalur, earn minimum 6% rent per year, Call 8103990990, WWW.GOVIANU.COM

PLOTS FOR SALE

SALE prime commercial BDA corner site HRBR layout 1st block banaswadi 3485sqft on 80 ft main road near ring road 8431154749/9986202924

BANGALORE PROPERTIES

CUNNINGHAM ROAD

4BHK 4balcony, 1unit/ floor measuring 3500Sft High end Flats Govianu Cunningham, 100mtr from Cunningham Rd 80883 30330 www.govianu.com

DOLLARS COLONY

2500 sqft, 3BHK Luxury High End Flats for Sale in Dollars Colony, Govianu Bougainvilla, Opp to the park, 4th Cross Rd. 80883 30330. www.govianu.com

ELECTRONIC CITY

DISCOUNT sale 2flats ittina neela huskur gate stop 2bhk 550sqft 14 lakh/suryacity ph1chandapura KHB 3 bhk 1500sqft 50 lakh 8431154749/8660641563

1575 sq. ft North facing site with 2 BHK new house at Begur. A Khatha. 1.5 KM from Hosa Road Metro Station. Rs. 99 Lakhs. 9008930130

HSR LAYOUT

HSR LAYOUT: FOR SALE Commercial Building 60x62-15,000 Sft, Built-up Area, BBMP 'A' Katha B+G+4. HARLURU-KUDULU Rd. Rent 7 Lacs, Price 10 Crs. Call: 63821-15023

JUDICIAL LAYOUT

4BHK, 4Balcony, 1unit/floor measuring 5000Sft, High End Luxury Flats- Govianu Judicial Layout 20 mins to Airport. 80883 30330 www.govianu.com

KANAKAPURA ROAD

SALE 3660 sft. corner site, BMRDA approved with excellent Vasthu (site with Northeast projection), levelled and fenced in a gated community having E-Aasthi and latest tax paid. Located behind Art of Living Hqrs. & Brigade apartment complex in Kanakpura Road. Call 8660840328. No Brokers.

MAGADI ROAD

3BHK, Luxury High End Flats for Sale in Govindarajnagar Magadi Road, Next to Royal Enfield showroom. Call 81039 90990, www.govianu.com

MATHIKERE

2000SQFT, Luxury high end flat with swimming pool, club house, in HMT ROAD 60 Feet Road. For details Contact 81039 90990 www.govianu.com

MG ROAD & AROUND

FOR-SALE of almost new Residential 1 BHK furnished apartment 840 sqft on 5th floor with lift and parking next to St. Philomena Hospital/ Lifestyle Mall, Xavier Layout, Austin Town, Bangalore - 9880347774, Email: drmirjh@yahoo.com

SALE of Residential 3 BHK apartment 1250 sft on 1st floor next to St. Philomena Hospital/ Lifestyle Mall, Xavier Layout, Austin Town, B.lore- 9880347774 Email: drmirjh@yahoo.com

SAHAKARA NAGAR

GOVIANU Atlantis Luxury 10 Floors Highrise Flats with swimming pool, club house, in Sahakara Nagar 60 Feet Road 80883 30330, www.govianu.com

YELAHANKA

2500SQFT,3BHK Luxury Flats, attached pvt park sgs-206 in HIG colony 80feet rd Yelahanka NewTown 1Foor-1House 80883 30330 www.govianu.com

FOR SALE

BANGALORE

2-BHK FOR SALE IN MRHB COLONY.GOVINDRAJNAGAR EASTFACING,1200SQFT 1STFLOOR WITH LIFT&PARKING PH:9845115952

2BHK 1245 sqft North Facing flat with Store Room for sale in Kumari Tusti behind Manyata Tech Park, Rachenahalli. Rs. 62 Lacs only, Owner: 9900255855

OUTSIDE BANGALORE

MYSORE

2BHK&3BHK High end luxury flats Govianu Luxuria Zoo road, opposite to Gandhi park, close to Mall of Mysore 81039 90990 www.govianu.com

TUMKUR

A) 10800SQFT TUDA approved site, attached to NH4, Jaganath pura Tumkur B) 1200 SQFT TUDA site Belagumba Tumkur, near NH4. 81039 90990

business

BUSINESS PROPOSALS

ENTREPRENEUR Retiring -Eng. Ind. - German Tech for Material Handling Solutions 1 acre KIADB land with Mfg. set-up. Entrepreneur with financial back-up / passion for tech. # 9916106417

FINANCE

GOOD Luck Finance Loan Available- Business , Property, Personal, Project, Home, @ 4 % PA. Agents Welcome. 7078646698, 7078646264

services

ASTROLOGY

LIFE IMPROVEMENT THROUGH PHOTOGRAPH Scientific Treatment for SUCCESSFUL PROFESSION BUSINESS RELATIONSHOP and Difficult Problems. Contract Varadarajpai 9591773396 / 9482603396

personal

CHANGE OF NAME

I, Anilkumar Swamy S/o Shivshankarayya R/o 438, Malathalli Lake Road, MPM Layout, Bangalore South, Mallathahalli, Bengaluru, have changed my name to Anilkumarr Swammy

I, Jahnaviben Tulshi Naik W/O, Tulshi Naik R/o Flat No. 203, Om Sri Residency Block-2, Simhadri Layout, Uttarahalli Hobli, Banglore have changed my name to Jahanvi Tulshi Naik for all purposes.

I Monish V Gowda S/o Sowmya. J R/a Annapurna Nilaya,Sy.No.4/P1, Kempapura Main Road, B'lore-37, my actual name is Monish V Gowda and also known as Monish Vinod Kumar, but both the names belong to me .

I,JASIYA Afreen Mohammed Hussaina R/o No 126, F Block, Neeladri Mahal, Nandidurga Road, Bengaluru, KA have changed my minor son's name from Keyan Hassan to Keyan Hassan Dhinda for all purposes

I Ramanath Dixit S/o Doraiswamy R/o #31 Chinthamani Talluk Madikere Chikkaballapur Karnataka-53125 have changed my name to D Ramanathdixith for all purposes

I, Dylan Joseph Aloysius Royan S/o Jude Lincoln Royan (aka Jude Royan) R/o Bomenahalli, Bangalore - has changed my name to Dylan Joseph Aloysius Rudolph Royan for all future purposes.

I, Srivatsa K S/o D Krishnamurthy born on 12/04/1987 residing at No.33192 Building 3,Prestige Falcon City, Konankunte Cross, Bangalore-560062 have changed my name to Srivatsa Krishnamurthy vide affidavit dated 01/07/2023 sworn before Notary Neha Baddi at Bengaluru.

I, Mahesh J Poddar S/o Jaggannath Poddar R/o No-35, Veerbhadar mansion , 2nd Floor , 7th A Main road , 20th Cross , BTM 2nd Stage B'lore-50076 have changed my name to Mahesh P for all purposes.

I Kamasamudram Nagendra Prasad S/O, K Sundar Rao R/o 37/57, 2nd Cross, Maruthinagar, Madiwala Extn, Bangalore have changed my name to Nagendra Prasad Krishnaiah Sundar Rao

I Kiran S/o Prakash R/o #30 ,4th B Main Rd , 6th Cross ,Navodaya Nagar JP Nagar 7th Phase B'lore-560078 have changed my name to Kiran P for all purpose

I, Taheerunnisa D/o Syed Abdul Kareem Bareed R/o 47/2, 2nd floor, Hains Road ,Frazer Town, B'lore-560005 have changed my name to Tahera Bareed.

I, Rizwanunnisa W/o Syed Abdul Kareem Bareed R/o 47/2 , 2nd floor , Hains Road , Frazer Town , B'lore-560005 have changed my name to Rizwana Bareed.

I Harshitha Varsha D/O, Shiva Kumar R/o No4,21st Cross Cubbonpet Bangalore 560002 have changed my name to S. Harshitha Varsha

ADMISSION OPEN

2nd PU Failed?

Don't be left behind!

A golden opportunity to study degree under any University this academic year and save one precious year of your life.

BE, MBBS, BSc, BBA, BCA and other degrees

Limited seats. For admissions call:

2ನೇ ಪಿಯುಸಿ ಅನುತೀರ್ಣವಾದ ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ ಒಂದು ಸುವರ್ಣ ಅವಕಾಶ. ಸಂಪರ್ಕಿಸಿ:

7846000222

THE TIMES GROUP

Readers are recommended to make appropriate enquires and seek appropriate advice before sending money, incurring any expenses, acting on medical recommendations or entering into any commitment in relation to any advertisement published in this publication. The Times Of India Group doesn't vouch for any claims made by the Advertisers of products and services. The Printer, Publisher, Editor, and Owners of The Times Of India Group publications shall not be held liable for any consequences, in the event such claims are not honoured by the Advertisers.

GET NOTICED

Entry Free!
LAST 3 DAYS
ಬೆಂಗಳೂರು
ಆರ್ಟ್ಸ್ ಅಂಡ್ ಕ್ರಾಫ್ಟ್ ಮೇಳ
Bangalore
Arts and Crafts Mela
Enrich your Shopping Excellence
Art, Craft & Handlooms Exhibition
7th July to 16th July 2023
Timings: 11 AM - 7 PM | 10 Days Exhibition
Organized By
Grand Flea Market
Contact : 9036658774 / 6364685716
Karnataka Chitrakala Parishath,
Kumara Krupa Road, Near Shivananda Circle
Bengaluru -560 001.
HANDLOOMS | HOME DECOR | HANDICRAFTS | CLOTHING | JEWELLERY | 100+ STALLS | LIVE PERFORMANCE

Shoot-out in Shopian
Militants on Thursday shot at and injured three non-local labourers in Jammu and Kashmir's Shopian district, officials said

BangaloreMirror | 9
Friday, July 14, 2023
mybangaloremirror@timesgroup.com
facebook.com/thebangaloremirror
@BangaloreMirror

Overflowing Yamuna brings Delhi to halt

Forces closures of schools, colleges, govt offices; 12 NDRF teams pressed into service and over 20,000 evacuated

#New Delhi

The Delhi Disaster Management Authority on Thursday directed that all schools, colleges and government offices for non-essential services in the city be closed till July 16 as water of the raging Yamuna inundated several areas of the national capital.

As the Yamuna waters spilled into more areas of Delhi and rescue efforts intensified, Chief Minister Arvind Kejriwal said private establishments across the city have been advised to allow their staffers to work from home. Commercial establishments in and around Kashmere Gate currently underwater will be asked to close down till the situation improved, officials said.

Twelve National Disaster Response Force teams, equipped with inflatable boats, ropes and other equipment, have been deployed in Delhi to help the administration in its rescue efforts. More than 20,000 people have been shifted to the relief camps so far. There are 50 boats and more will be deployed if needed, said Kejriwal who attended the DDMA meeting chaired by Lieutenant Governor V K Saxena.

The city is also staring at a drinking water shortage as the Delhi government decided to cut down supply by 25 per cent following the closure of three water treatment plants -- Wazirabad, Chandrawal and Okhla -- due to the rising level of the Yamuna. Kejriwal, who visited the Wazirabad water treatment plant, warned of rationalising water supply to deal with "acute shortage". He, however, said the water treatment plants will be resumed as soon as the situation turns to normal.

National Disaster Response Force personnel evacuate stranded residents from a flooded locality of Vasantpur, in Delhi on Thursday

The DDMA decided to take proactive relief and preventive measures in areas such as Sonia Vihar, Mukherjee Nagar and Haqeeqat Nagar susceptible to flooding, said a statement from the LG office. The meeting was also attended by Revenue Minister Atishi and Irrigation and Flood Minister Saurabh Bhardwaj, besides chiefs of police and civil administration.

"All schools, colleges and universities are being closed till Sunday," Kejriwal told reporters.

Waterlogging at the Kashmere Gate bus terminal forced the Delhi Transport Department to terminate buses from Himachal Pradesh, Uttarakhand and elsewhere at the Singhu border. DTC buses will ferry people from there, officials said.

The Delhi chief minister said in view of the problems faced by the people in relief camps, they will be shifted to school buildings which have proper toilet facilities. – PTI

End violence in Manipur: EU parliament urges India

#Strasbourg, France

The EU parliament on Thursday urged India to end violence and protect minorities in the country's northeastern Manipur state, criticising "nationalistic rhetoric" it said was adding to tensions.

It came as Indian Prime Minister Narendra Modi began a two-day visit to France, where he will attend the traditional Bastille Day military parade as guest of honour.

MEPs expressed concern over clashes between Manipur's majority Meitei, who are mostly Hindus and live in and around the state capital Imphal, and the mainly Christian Kuki tribe in the surrounding hills. The EU parliament said that the violence has "left at least 120 people dead, 50,000 displaced and over 1,700 houses and 250 churches destroyed".

MEPs called out "nationalistic rhetoric" and the parliament adopted a resolution on Thursday urging India to "promptly halt the ethnic and religious violence and to protect all religious minorities".

The Kuki community had protested Meitei demands for reserved public job quotas and college admissions as a form of affirmative action. This also stoked long-held fears among the Kuki that the Meitei might also be allowed to acquire land in areas currently reserved for tribal groups. The resolution noted that "intolerance towards minority communities has contributed to the current violence and that there have been concerns about politically motivated, divisive policies that promote Hindu majoritarianism in the area."

"The Manipur state government has also shut down internet connections and severely hindered reporting by the media, while security forces have been implicated in the recent killings, something that has further increased distrust in the authorities," it said. It called for independent investigations and a lifting of internet shutdowns.

It added "human rights must be at the heart of the partnership between the European Union and India, including in trade relations".

MEP Pierre Larrouturou, the text's chief negotiator, said the local government of Modi's BJP was "fanning the flames of conflict".

Women from the 'Meira Paibis', a group of women representing Meitei society, at a demonstration demanding restoration of peace

"By authorising the armed forces to fire on civilians and cutting off Internet, the BJP is using the violence to discriminate against non-Hindu minorities", he said. Larrouturou called Modi's invitation to the parade in Paris "an affront to India's minority communities, human rights defenders, and also to India as a democracy". – AFP

Nod to procurement of Rafale-Marine jets

Defence Acquisition Council, chaired by Defence Minister Rajnath Singh, grants Acceptance of Necessity (AoN) for the procurement of 26 Rafale Marine aircraft for Indian Navy

#New Delhi

DAC, which held a meeting here on Thursday, also granted the AoN for the procurement of three additional Scorpene submarines under Buy (Indian) category which will be constructed by Mazagon Dock Shipbuilders Limited (MDL). A Defence Ministry release said acceptance of Necessity for Rafale Marine aircraft has been approved along with associated ancillary equipment, weapons, simulator, spares, documentation, crew training and logistic support for the Indian Navy from the French Government based on Inter-Governmental Agreement (IGA).

It said price and other terms of purchase will be negotiated with the French Government after taking into account all relevant aspects, including comparative procurement price of similar aircraft by other countries.

French Air Force Dassault Rafale multirole combat aircraft

Further, the integration of Indian-designed equipment and establishment of a Maintenance, Repair and Operations (MRO) Hub for various systems will be incorporated into the contract documents after due negotiations.

The release said that the DAC also approved the proposal to lay down guidelines for achieving the desired indigenous content in all categories of capital acquisition cases.

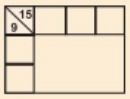
"It will help in achieving 'Aatmanirbharta' in critical manufacturing technologies and life-cycle sustenance of defence platforms and equipment through indigenous manufacturing," the release said.

The release said procurement of additional submarines, with higher indigenous content, will not only help in maintaining required force level and operational readiness of the Navy, but also create significant employment opportunities in the domestic sector. – ANI

PVR
REX | NEXUS | ORION | VAISHNAVI | VEGA | REGALIA | ARENA MARKETCITY | GT | AURA | VR | SPIRIT | UPTOWN | GLOBAL
KIN CINEMAS SEEGEHALLI
INOX LIVE THE MOVIE
MANTRI | CENTRAL | GARUDA | YELAHANKA | SWAGATH BROOKFIELD | LIDO | RMZ | NEXUS NEIGHBOURHOOD
ROCKLINE JALAHALLI
Cinépolis
ETA | MEENAKSHI | ORION EAST SJR | LULU | SHANTINIKETAN
GOPALAN ARCADE | LEGACY | GRAND SIGNATURE | INNOVATION
CINEPHILE HSR LAYOUT
MARATHHALLI
MUKTA A2 UTHARAHALLI
MIRAJ SUNKADAKATTE
NARTAKI K.G.ROAD | URVASHI LALBAGH ROAD | MUKUNDA SEVANAGAR | SAMPIGE MALLESHWARAM
POORNIMA J.C.ROAD | SHANKARNAG M.G. ROAD | AMRUTH LINGARAJPUR | CAUVERY SANKY ROAD
VEERESH MAGADI ROAD | RAVI SARJAPUR | RENUKA PRASANNA J.P.NAGAR | HMT JALAHALLI | BALAJI
CHIKKALASANDRA | NAVARANG RAJAJINAGAR | PUSHPANJALI B.N.PURA | SRINIVASA S.G.PALYA |
BALAJI TAVAREKERE | ARUNA SRIRAMPURA | ANJAN MAGADI ROAD | LAKSHMI
RAMMURTHYNAGARVINAYAKA HARINAGAR | MAHADESHWARA KADIRENAHALLI | VIJAY MYSORE ROAD |
VINAYAKA MYSORE ROAD | ROBIN KENGERI | VINAYAKA MARATHHALLI | KRISHNA BOMMANAHALLI |
VINAYAKA VARTHURBALAJI DOMMASANDRA | RADHAKRISHNA R.T.NAGAR | VIJAYALAKSHMI
GARUDACHARPALYAPUSHPANJALI SULTANPALYA | SANDHYA MADIWALA | MANASA KONANKUNTE |
BRUNDA HONGASANDRA SRINIAVSA GOWDANAPALYA SIDDHESHWARA J.P.NAGAR |
SIDDHALINGESHWARA J.P.NAGARVENKATESHWARA K.R.PURAM | BALAJI VANNARPET | VINAYAKA
D.J.HALLI | AKASH LAGGERE | VAINIDHI SINGAPURA | LAKSHMI GOTTIGERE | ESHWARI KATTRIGUPPE
shanthi
IN CINEMAS TODAY
SIVAKARTHIKEYAN
MAAVEERAN
(TAMIL | TELUGU)
WRITTEN & DIRECTED BY MADONNE ASHWIN
PRODUCED BY ARUN VISWA
KARNATAKA RELEASE BY : VR FILMS – 9916687061 VENKATESH KAMALAKAR & K.SENTHIL

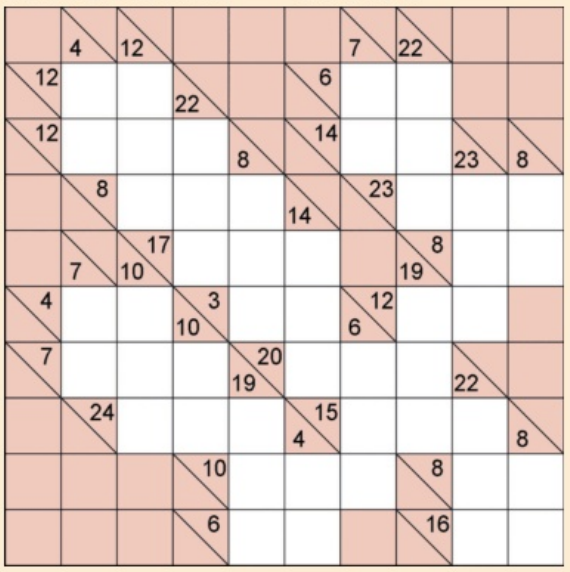
Kakuro

The numbers in the grey squares refer to the sums of the digits that you must fill into the empty spaces directly below or to the right of the grey square containing the number. For instance, in the given example, the 3 boxes horizontally next to 15 must contain 3 digits that add up to 15, whereas

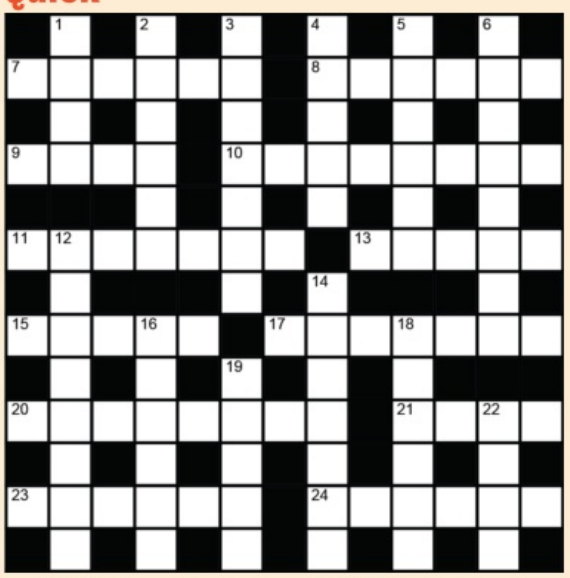


for 9, it is the 2 boxes placed vertically under it that must add up to 9. No zeros are used here, only the digits 1 through 9.

Note: A digit cannot appear more than once in any particular digit combination. For instance, in the example, we cannot have the combination of 4+7+4 for 15.



Quick



ACROSS

7 Ambassador of the Pope (6)
8 Employs again (6)
9 Strong red wine (4)
10 Privately (2,6)
11 It might cause heartburn (7)
13 Implores or petitions (5)
15 Unsophisticated (5)
17 In an ongoing manner (7)
20 Area popular with shoppers (8)
21 Unchanged (2,2)
23 Tempt (6)
24 Declared or confessed, asserted (6)

DOWN

1 Flight prefix (4)
2 Gasped or puffed (6)
3 Illustrates, portrays or symbolises (7)
4 Building block (5)
5 Warm season (6)
6 Double-crossed (8)
12 Training (8)
14 Occurring at the beginning (7)
16 Injured party (6)
18 Female warrior (6)
19 On the raised side (5)
22 Article (4)

Quoteuncode

This puzzle is a substitution cipher in which one letter stands for another. If you think that Q equals C, it will equal C throughout the puzzle. Single letters, short words and words using an apostrophe give you clues to locating vowels. Solution is by trial and error.

Today's CLUE: W EQUALS I

BG UBS CWJGT UWHBSAH DSCCR WTY'H TS UWTG XT BG HBWYPT.

Linemaro

I want you for always – days, years, eternities

Mindchow

The best way out is always through

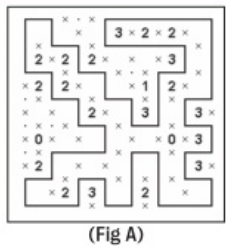
Joke of the day

Those who live by the sword get shot by those who don't

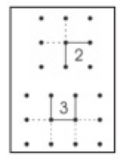
Loop

Rules

» Connect adjacent dots with vertical or horizontal lines, creating a single loop (Fig A). » Crossovers or branches are not allowed (As shown by dotted lines in Fig B). » Numbers in the puzzle indicate the number of lines that should surround it, while empty cells may be surrounded by any number of lines. » You can't draw lines around zeros. » Each puzzle has just one unique solution.



(Fig A)

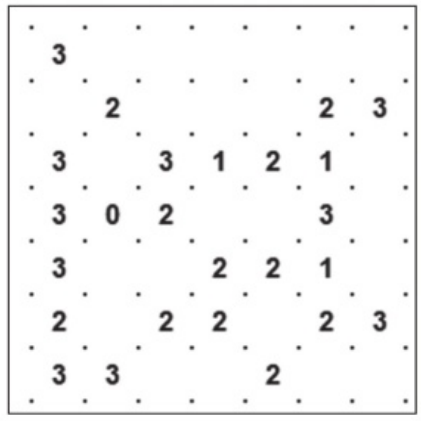


(Fig B) Not Allowed

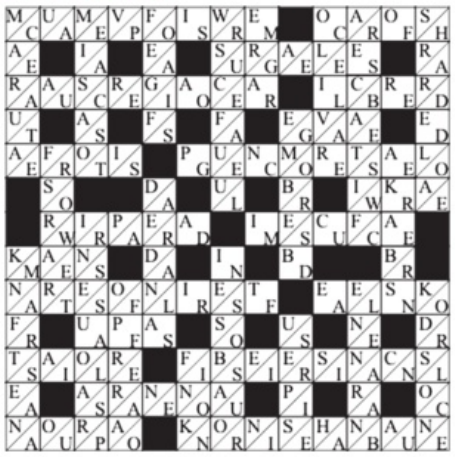
How to begin:

Example (Fig A) – Begin with the zero next to 3. Since no lines can be drawn around zero, mark crosses around it, as shown. Now there is a cross in one space around 3. So we know the three lines of 3 can only be drawn in the remaining three spaces. Next, these lines can only be extended in one direction each. Continue, using the same logic.

Hints: Keep eliminating possibilities by marking crosses in spaces between dots where a line isn't possible, i.e., if you have already completed required lines or where a line extension may create a branch or cause a dead-end (Fig B)



Strikeout



This crossword has no clues and the answer is there waiting for you. All you have to do is find it in each square. You have a choice of two letters, one of which you must strike out. If you choose correctly, you will be left with a grid that contains real words.

Fast five

How long do you think it will take you to unscramble the ten words shown below and fit them correctly into the grid in the order given one letter has already been entered to get you started? on your marks, get set...

1	2	3	4	5
6				
7				Y
8				
9				

ACROSS

1 Camps; 6 Swale;
7 Try Ne; 8 Hi tec;
9 To Hot

DOWN

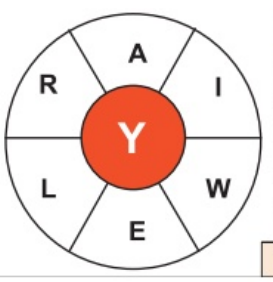
1 We set; 2 Cotan;
3 Loath; 4 Timer;
5 Chy PS

Mensapuzzle

In the arrangement of numbers above, what is the difference between the sum of the two highest odd numbers and the product of the two lowest even numbers?

12	9	14	10
15	34	5	11
7	4	3	23
26	13	16	18

Bull's eye



How many words of four or more letters can you make from the letters shown? Every word must contain the central letter. There should be one seven-letter word. British English Dictionary is used as a reference.

12 Average; 14 Good; 16 Outstanding

SudokuChallenge

9								1
	6		9		1		3	
7	1			5			4	2
3			7	4	6			8
5			8	9	2			3
6	8			7			2	4
	9		5		3		1	
1								5

To solve a Sudoku puzzle, every digit from one to nine must appear in each of the nine vertical columns, in each of the nine horizontal rows and in each of the nine boxes.

Gofigure

Place the four numbers in the first, third, fifth, and seventh boxes and whatever operators you care to use in the second, fourth, and sixth boxes in the correct order to get the answer. Use the numbers only once.

Easy = 14

2 3 7 8

Medium = 24

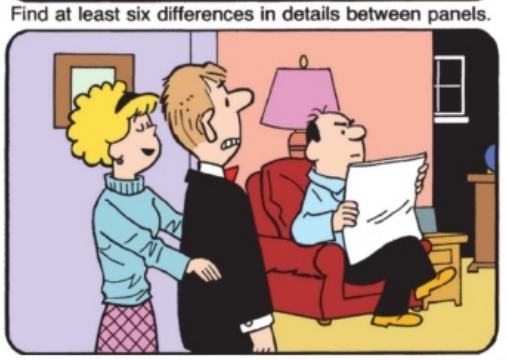
2 4 9 9

Hard = 24

5 9 9 6

Hocusfocus

Find at least six differences in details between panels.



Differences: 1. Newspaper is larger. 2. Fingers are moved. 3. Arm is longer. 4. Hair is different. 5. Window is added. 6. Man is taller.

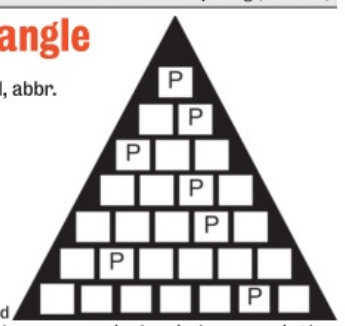
Riddler

Each pair of definitions is for two words, where the second word is the first word with an extra letter added somewhere (example: band & brand). The length of the short word in each pair is provided.

1) elevated or tall & part of the body between the knee and the hip (4 letters)
2) an isolated steep-sided hill & a solid emulsion of fat obtained from cream (5 letters)
3) to rescue from danger & persuasively pleasing (4 letters)
4) intercession or intervention & the act of contemplating (9 letters)

Alpha triangle

1 16th letter
2 Internet protocol, abbr.
3 Deep hole
4 Gratuities
5 Stumbles
6 Short fast race
7 Root vegetables



Beginning at the top move towards the bottom seven-letter word by adding a letter at each step and rearranging. A correct and different word must be made at each step answering to the clue given.

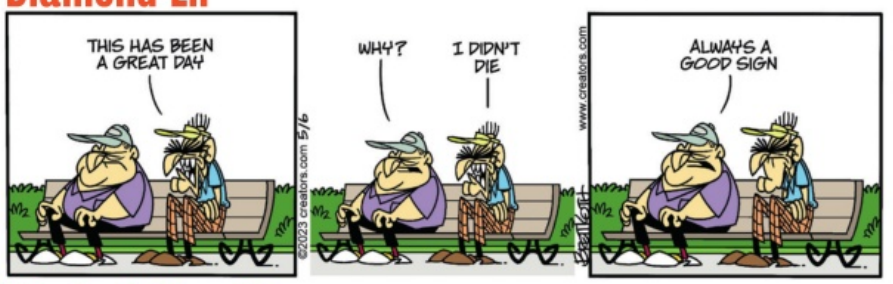
DIFFICULT TO SOLVE? FIND THESE SOLUTIONS ON THE NEXT PAGE

COMICS

Redeye by Mel Casson

Bizarrotrip

Diamond Lil



Hart of the city

I HEARD YOUR FRIEND JOHN TRIED TO ASK OUT COMIC SHOP JEN.
IT HAPPENED YESTERDAY! HOW DID YOU FIND OUT?
FROM THE RUMOR MILL!
PHILLY MIDDLE RUMOR MILL
UNLUCKY IN LOVE!
YESTERDAY AFTERNOON SIXTH GRADER JOHN SWANEY ATTEMPTED TO WIN THE HEART OF COMIC SHOP JEN. THIS JOURNALIST MAKES SURE TO KNOW ALL OF HER OLDER SISTER'S POTENTIAL SUITORS.
HEART OF THE CITY © 2023 ANDREWS MCMEEL
GOCOMICS.COM/HEARTOFTHECITY

Crankshaft

NASA REPORTED THAT THE SECOND OBJECT THAT IMPACTED THE ASTEROID 'DIMORPHOS' APPEARS TO HAVE ONCE AGAIN ALTERED THE COURSE OF THE ASTEROID.
WHICH NOW PUTS IT ON A DIRECT COLLISION COURSE WITH EARTH!
BATIUK & DAVIS

Mutts

WHAT YOUR STARS SAY TODAY

Aries Mar 21 – Apr 20
Today, you may do better, and your child's health is improving. You can plan to make some investments for your child's future. You are likely to be more loyal to your job. Job seekers may find a good job with the help of references. You may be able to identify hidden enemies and counter them with blessings.

Taurus Apr 21 – May 20
Today, you may hear good news regarding your job. Job seekers may be focused on achieving success in exams through hard work. Singles may get engaged to their soulmate. You may also receive good news about childbirth.

Gemini May 21 – Jun 21
Today, you may consider a change of location, but it is also recommended to postpone the decision regarding migration. It is also recommended to avoid business investments. By late evening, the situation may be under control, and with the guidance of an elder, you can manage the messy situation.

Cancer Jun 22 – July 23
Today, you can expect a short business trip. You may also receive rewards for your success in your field. Your respect among those around you may increase. You may hear good news from siblings. Job seekers aiming for management positions may find success. Singles are likely to get engaged.

Leo Jul 24 – Aug 23
Today, you are blessed by your elders. New sources of income are likely to open up, which will boost your bank balance. You may plan to renovate your house. You may receive a significant order that can greatly expand your family business. Exercise patience when signing any contracts. There may be some progress in your business, and delayed projects will resume.

Virgo Aug 24 – Sep 23
Today is a good day for you. You may have good vitality and health, and you will enjoy your work. Your challenge for today is to avoid being straightforward. It is advised to avoid arguments on insignificant topics to prevent disputes within the family. If you can control your words, you can expect healthy partnerships in business and harmony in the family. Job seekers may find suitable employment. Love birds are advised to avoid discussing insignificant matters.

Libra Sep 24 – Oct 22
Today, your energy levels may be low, and old health issues may resurface, causing distress. Avoid adventurous trips and reckless driving. It is recommended to settle any disputes outside the courtroom. You may also plan an overseas trip.

Scorpio Oct 23 – Nov 22
Today, you may reap profits from past investments, and losses may turn into gains. Implementing new ideas can bring progress to your business. Success will come easily, and you may meet an influential person who can guide you towards the right path. Love birds may make decisions regarding marriage, and couples may receive good news about children. Job seekers will find suitable employment.

Sagittarius Nov 23 – Dec 22
Today, your family and spouse will support you, creating an increase in domestic harmony. Due to work overload, you may struggle to find enough time for your family, but make an effort to attend family gatherings. You are expected to hold a strong position in your professional life, and projects related to government agencies may commence.

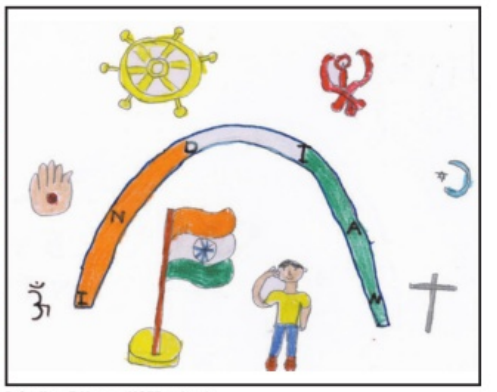
Capricorn Dec 23 – Jan 20
Today, your spiritual power may bring you happiness, and your mindset may be positive. You may feel inclined towards spirituality and consider visiting religious places. You may also take an interest in occult sciences. Your nature may exhibit flawlessness, but it is advised to keep your views to yourself and discuss them only with those who understand your frequency.

Aquarius Jan 21 – Feb 19
Today, you may feel nervous and lack patience. To seek peace, you may be attracted to the occult. It is advised to follow your intuition before proceeding. You may also gain in-depth knowledge in a subject or develop a strong focus on your research.

Pisces Feb 20 – Mar 20
Today, the positioning of the moon is favourable, and you can expect positive momentum in your professional and domestic life. There are chances of gains from your investments. You may receive reciprocation for your help from friends and relatives. Your hard work may lead to success.

KIDZONE

Chetana L, 12 Years, Prarthana School



R Sudha, 5 Years, NCFE school

Kidzone, Bangalore Mirror, No. 74/2, Sanjana Plaza, 4th & 5th Floor, Elephant Rock Road, Jayanagar 3rd block, Bengaluru- 560 011;
Please send hard copies of your artwork in A4 size only.

SOLUTIONS

SOLVE IN 1M
= 8^(2/3) + 4^(1/2)
= 2^(6/3) + 2
= 4 + 2 = 6

QUOTE UNCODE
He who lives without folly isn't so wise as he thinks.

FAST FIVE

S	C	A	M	P
W	A	L	E	S
E	N	T	R	Y
E	T	H	I	C
T	O	O	T	H

RIDDLER
1) high & thigh,
2) butte & butter,
3) save & suave,
4) meditation & medtation

STRIKE OUT

N	O	R	A	K	R	I	S	H	N	A	N	A	S	
A	A	R	E	N	A	I	R	E	I	A	N	S	O	
T	A	L	E	I	B	E	R	I	A	N	S			
F	U	P	S	O	U	E	R							
A	R	S	O	N	I	S	T	A	L	S	O			
K	E	N	A	I	D	B								
W	I	P	E	D	M	E	C	C	A					
O	D	L	B	I	R	E								
E	R	O	S	G	U	N	M	E	T	A	L			
T	A	S	F	E	V	E	D							
R	A	C	E	G	O	E	R	I	C	E	D			
A	A	U	R	A	L	S	A							
C	A	M	P	F	I	R	E	O	A	F	S			

QUICK

A	P	D	B	S	B									
L	E	G	A	T	E	R	E	U	S	E	S			
R	N	P	I	M	T									
P	O	R	T	I	N	C	A	M	E	R	A			
	E	C	K	E	A									
A	C	I	D	I	T	Y	P	R	A	Y	S			
	O		S	I		E								
N	A	I	V	E	O	N	W	A	R	D	S			
	C	I	U	I	M									
G	H	I	C	K	P	E	T	A	S	I	S			
	I	T	P	I	Z	T								
E	N	T	I	C	E	A	V	O	W	E	D			
I		R	I	A	N	S								
G	M	R	L	N	M									

MENSA PUZZLE
2. 4 × 10 = 40 and 23 + 15 = 38

BULL'S EYE
airy, awry, eary, lawyer, layer, lyre, relay, rely, warily, wary, WEARILY, weary, wily, wiry, yawl, yoar

SUDOKU

9	5	2	4	3	7	6	8	1
4	6	8	9	2	1	5	3	7
7	1	3	6	5	8	9	4	2
3	2	9	7	4	6	1	5	8
8	4	6	3	1	5	2	7	9
5	7	1	8	9	2	4	6	3
6	8	5	1	7	9	3	2	4
2	9	4	5	8	3	7	1	6
1	3	7	2	6	4	8	9	5

ALPHA TRIANGLE
P, IP, PIT, Tips, Trips, Sprint, Turnips.

LOOP

GO FIGURE
Easy
7 + 2 − 3 + 8 = 14
Medium
2 + 9 + 4 + 9 = 24
Hard
9 − 6 x 5 + 9 = 24

KAKURO

7	1		9	5			7	9
6	3	1	8	7		9	6	8
9	8	2	7	6	8	4	2	1
	5	7	1		3	6	9	5
	9	6	3	1	2	5	8	7
1	2	4	6	8		7	1	3
2	7	9	8	4		1	3	6
8	6	3	1	2	9	8	4	
5	4	1	2	9	7			

Volume No 16, Issue No 17 RNI NO:KARENG/2007/21142 Published for the Proprietors, Metropolitan Media Company Ltd by R.J. Prakashan at No. 74/2, Sanjana Plaza, 4th & 5th Floor, Elephant Rock Road, Jayanagar 3rd block, Bengaluru-560 011 and printed by him at Bennett Coleman & Co Ltd., The Times of India Press, No. 9/10/11-A, 4th Main, KIADB Bommasandra Industrial Area, Anekal Taluk, Bangalore - 560 099 (Phones : Press : 080-22899999; Editorial : 080-40877666, Fax – 40877545, Registered Office: No. 74/2, Sanjana Plaza, 4th & 5th Floor, Elephant Rock Road, Jayanagar 3rd block, Bengaluru - 560 011, Email : mybangaloremirror@timesgroup.com Editor : Ms. Seena Menon - responsible for selection of news under PRB Act. © Reproduction in whole or in part without the written permission of the Publisher is prohibited.

 # Helen in Jerusalem
Helen Mirren visits Jerusalem for new film "Golda," says she is inspired by anti-government protests

SANDALWOOD SHOTS
Y MAHESWARA REDDY

Multiple talents

Fans of Shubha Poonja will get a chance to see their favorite actress in a new avatar. Shubha plays a crime reporter in the movie Ambuja that is planned for release on July 21. It is a woman-oriented movie and its trailer was released recently.

"I play a crime reporter. My role has many shades. I have watched the movie. It has come out well. It is my second movie with director Srini Hanumantharaju. The movie has crime, horror, suspense, comedy, and sentiments," said Shubha.

On the occasion, director Hanumantharaju said the movie is based on a real incident and Shubha and Rajini play key characters.

Elaborating on the special features of the movie, the director said that Ambuja movie would be the first Kannada movie to have shot atop of Ettina Bhuja, a mountain peak in the Western Ghats.

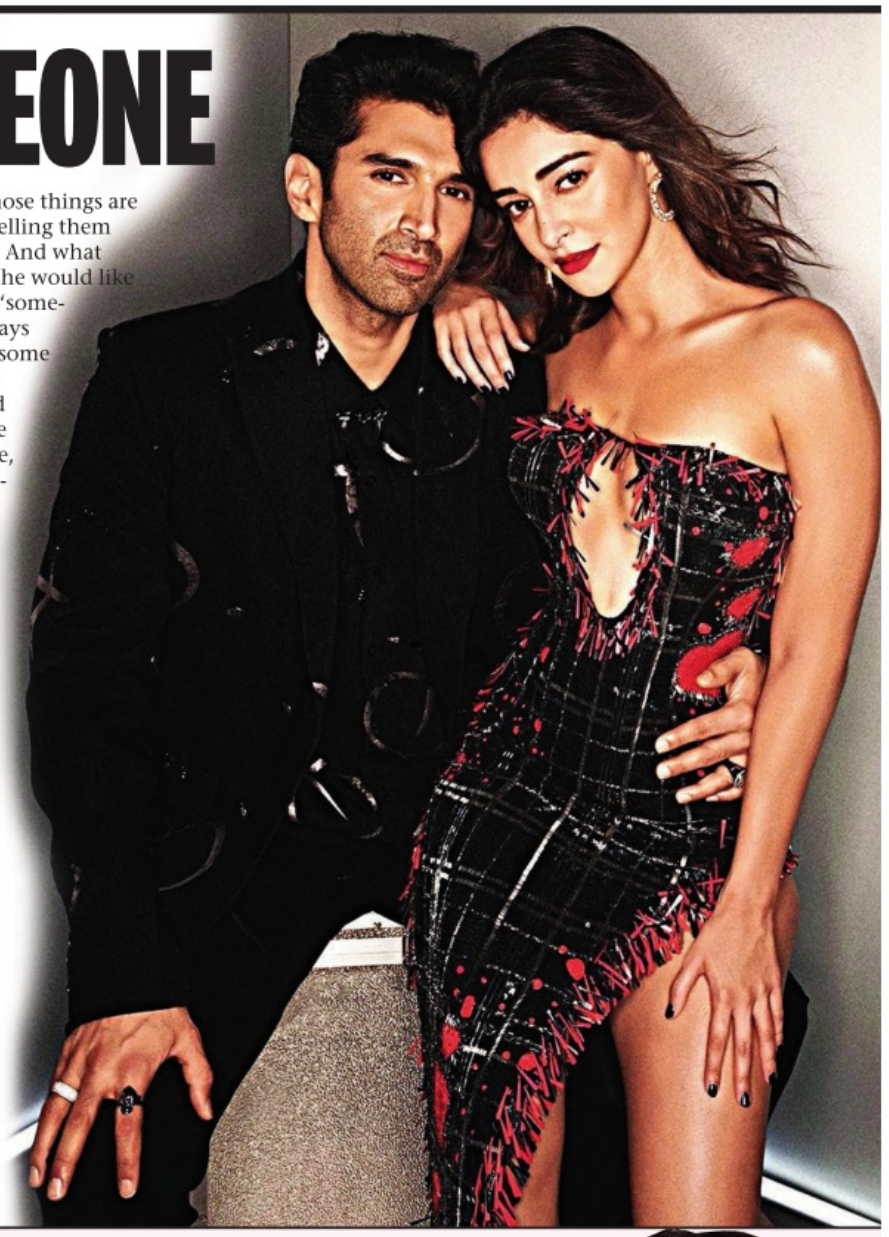
Shivanna turns 61

Karunada Chakravarthi Dr Shivarajkumar celebrated his 62nd birthday on Wednesday. A special function was held at Santosh Theater for screening a video of Big Daddy from his latest movie Ghost. It is said Big Daddy is one of the characters played by Shivarajkumar in the film. Hundreds of his fans watched the video.

On the occasion, Dr Shivarajkumar said he considered the year 2023 as a lucky year because he has an opportunity to share screen space with Super Star Rajinikanth in the movie Jailer, and with Dhanush in the movie Captain Miller. "It is a great experience for me to share the screen space with Rajinikanth sir who is our family friend and well-wisher. My role in the movie is brief - for 10 minutes. I can't rule out Rajinikath sir acting in Kannada movies. I have no idea whether Rajinikanth sir will be playing a key role in the sequel of Ghost but it depends on director Srini," said Dr Shivarajkumar. He said he would be busy with shooting and dubbing of Ghost is expected to begin in a week. "I have agreed to act in 10 to 12 movies," he said.

When asked what gift his better half gave him on his birthday, he, known for humility, said that he considers Geetha as a gift to him.

SPECIAL SOMEONE



What is the compliment Aditya would give to his special friend?

Love is clearly in the air for Aditya Roy Kapur and Ananya Panday who jetted away to attend a rock concert in Spain and were thereafter spotted cuddling on the streets of Lisbon. Well, in other news, The Night Manager star will soon be seen exploring modern online dating as he redefines stereotypical tropes of 'sexy' through the lens of different facets of 'kindness' in a relationship—from respect, vulnerability to empathy.

When asked about three compliments that he thinks women like to receive while dating, he shares, "I think when complimenting, while it is great for people to feel like they look good, I think what really resonates is to be complimented for the person you are. Stuff that's not just on the surface, so it could be anything - telling someone that they are caring, that they are funny, or telling someone that they are thoughtful. I think those things are also as important as telling them that they look good." And what kind of compliments he would like to get and give to his 'someone special'? "It's always nice to be told about some qualities of yours as a person. If you are told that you are a positive influence on someone, or that you bring happiness to someone else, or if you're told that you are a good friend–all of these things obviously have to be deserved and earned but it's nice, I guess, being told about these kinds of things - rather than just about how you look," says Aditya.

Aditya and Ananya have been rumoured to be dating ever since they made a joint appearance at Kriti Sanon's Diwali bash last year. However, neither of them have confirmed their relationship.

—ETimes

Watch this story come alive by pointing your phone camera at the QR code

Red hot
From Kajal Aggarwal to Mrunal Thakur and Athiya Shetty, we take a look at best red lehenga looks in B-Town

Out of the box

Actor Bhumi Pednekar, who made her Bollywood debut with 'Dum Laga Ke Haisha' in 2015, does not like to be typecast.

"I'm fortunate that as an actor, I have not been put in a box. I have dabbled many genres, been part of commercial as well as edgy, disruptive films and fortunate enough to find projects that try and affect social change like Dum Laga Ke Haisha, Bala, Badhaai Do, etc," she said.

"I'm glad that it has been hard to stereotype me because in this industry that's the first thing that happens to anyone. I have only tried to break the mould with every film, with every role. I like disruption. I will always look to do the same. I hate doing the routine. I hate doing similar films and roles. It doesn't creatively inspire me," she added.

Bhumi has plenty of projects lined up in her kitty. She feels audiences will be surprised to see her dabble in multiple genres in her next slate of movies.

— ANI

Matt's brush with depression

Actor Matt Damon said that at one point he "fell into a depression" midway when shooting a movie he knew was "a lost cause". The actor spoke of this incident while promoting 'Oppenheimer' on 'Jack's Takes'.

According to Variety: "Sometimes you find yourself in a movie that you know, perhaps, might not be what you had hoped it would be, and you're still making it," Damon said.

He continued: "And I remember halfway through production and you've still got months to go and you've taken your family somewhere, you know, and you've inconvenienced them, and I remember my wife pulling me up because I fell into a depression."

He noted that his wife simply said: "We are here now." He added: "You know, and it was like…I do pride myself, in a large part because of her, at being a professional actor and if you can do that with the best possible attitude, then you're a pro, and she really helped me with that."